



VISION
GYMNASTICS



CLUB POLICIES

CLUB POLICIES

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General Club Policies

Fee's

- Fee's are due the first week back of the term
- Details of payment will be on the invoice; please note, Vision Gymnastics does not accept cash as a method of payment, all payments should be made as a bank transfer or via the invoice link
- All fee's must be paid in full and we cannot deduct sessions if you are away
- If you wish to stop your lessons in the middle of the term a refund will not be possible

Photography

- No photography, videoing or recording of training sessions is permitted.
- Vision gymnastics, with consent from the parent/guardian, will be allowed to photograph and film members.
- Filming will be done on a Vision device and stored on a locked system

Class Cancellation

- If a class is cancelled by Vision Gymnastics an additional session will be offered in place the cancelled lesson. Circumstances out of the club's control such as extreme weather will not be refunded.

Understanding Risk

- Vision gymnastics adhere to the following to prevent injury - Risk assessments, British gymnastics recommended coach to participant ratio, approved gymnastics equipment and sufficient first aid adults on the premise with every class. Due to nature of the sport gymnastics is a high-risk activity, we would like to inform you that injuries do occur, and the gymnasts must always listen to the coach's instructions before starting an exercise to ensure safe practice.

Vision Gymnastics

Parents/Guardians must follow:

- Ensure when signed up with us, you have correct BG insurance -Failure to do so means gymnast will not be able to participate
- Ensure gymnast understands the code of conduct and traffic light behaviour system
- Arrive no more than 5 minutes before the class starts - If the gymnast is more than 10 mins late and has not participated in a warm up they will not be able to join in for health and safety reasons
- Ensure children are collected on time. If late pick up occurs, please call as soon as possible to notify us - 07557944529
- All gymnasts need to be picked up from the hall and signed out by parent/guardian at end of lesson
- Please inform the club if you plan for someone who does not normally collect the child to collect
- Advise Head coach of previous or ongoing injury before lesson has begun. The coach in charge will make a decision on whether the gymnast is fit to participate - Head coaches' decision is final
- Share any welfare concerns or complaints through the correct procedures in place
- Support your child's involvement and encourage them to participate in their sessions
- Set a good example, showing good sportsmanship and support for all gymnasts
- Please do not bring your child to their gymnastics sessions if they have had an episode of sickness or diarrhea within the last 48 hours
- Please do not bring your child if they have tested positive for covid 19- please only return after a negative test.

Code of Conduct

As a member of Vision Gymnastics, you are expected to abide by the following club code of conduct. Failure to adhere to the clubs' policies may result in disciplinary action being taken which can include exclusion from a lesson or possible dismissal from the club.

Vision Gymnasts adhere to the following:

- Wear suitable clothing that follows British Gymnastics Guidelines. Items that are not suitable: Earrings or jewelry, (earrings must be taken out or waiver form signed) Hoodies, loose fitting clothing, Skirts/Jeans, Buttoned or zipped clothing, Headbands
- Long hair to be tied back before the lesson
- Respect coaches' rules and guidelines within the classes
- Understand the traffic light system for behavior and following instructions
 - Green: Good behavior, listening and following the coach's instructions
 - Amber: 2 warnings in the lesson for not listening, following instruction/inappropriate behaviour
 - Red: 5 minutes sat out/ sent home and parent/guardian informed
- If more than 2 red cards have been given in a term a meeting will be arranged and the child's place might be at risk
- Bring plenty of water to the lesson - labeled if possible
- Treat all equipment with respect
- Bad language will not be tolerated
- Follow instructions from coaches when using the equipment to maintain a safe environment
- Never use equipment without the coach's instruction or supervision
- Respect fellow gymnasts within the club
- Let coaches know if you have an injury prior to the start of the lesson or notify during coaches if an injury is obtained throughout the lesson

- Please ensure no valuables are left at the premises, Vision gymnastics will not be responsible for the loss or damage of any valuables
- Parents/guardians are asked to wait in the allocated waiting area and should only disrupt the class in case of emergency
- Parents/guardians of children under the age of 4 must stay in the waiting area to assist child with toileting as needed
- Please inform the club in advance of the class if the gymnast will be absent

Welfare and Complaints

Complaints Procedure We take complaints very seriously and will try our very best to ensure situations are resolved efficiently. If you do have a complaint, please speak in private with the Coach in charge. The message will then be delivered directly to the club manager. Further from that, you can contact the club's Welfare officer whose details are listed below

Safeguarding

Vision Gymnastics is a British gymnastics club and abides by the following British Gymnastics Policy's:

Safeguarding: <https://www.british-gymnastics.org/clubs/club-membership/document-downloads/safeguarding-compliance/safeguarding-and-protecting-children/5727-safeguarding-and-protecting-children-policy-1/file>

Health and Safety: <https://www.british-gymnastics.org/clubs/club-membership/document-downloads/health-safety/9837-health-safety-and-welfare-policy-for-clubs-v2-0-2018/file>

Vision Gymnastics is fully committed to the safeguarding of all our members, we adhere to the strict guidelines under British Gymnasts regulations with regards to the welfare of our members. We believe it is with the utmost importance that all members, coaches, parents and associates show respect and understanding for the welfare of others. Therefore, members are encouraged to be open at all times and share any concerns that they may have about any aspect of the club with our coaches or Natalie Swift our Welfare Officer.

Welfare Officer Contact: Natalie Swift
Email Address: nataliejswift@sky.com

Contact number: 07595 008085

British Gymnastics

Membership

Once assigned a class all members must be registered online with British Gymnastics.

To sign up visit:

<https://www.british-gymnastics.org/renewal-options>

This will be an annual membership and covers your child when participating within our classes. It is the parent/guardian's responsibility to complete the membership and insurance.

Please select:

Vision Gymnastics

General Gymnastics

General membership cost's £19 and will need to be paid directly to BG online and will be renewed annually on 1st October. Emails will be sent to remind parents/guardians when this is due to be renewed.

*Please Note for Trial lessons this will not need to be completed, if your child would like to continue after the trial session then this will need to be completed before the 3rd lesson they attend to ensure correct insurance cover.